



# Inspired Impressions! Ezine

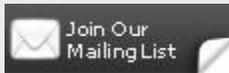
June 2011

Volume 11

As an inspirational and captivating keynote speaker, author and successful entrepreneur, Tracy Butz engages individuals and organizations, empowering them with innovative concepts and tools to become architects of their own lives.

## In This Issue

- Insights & Inspiration
- Key Concept
- News to Share
- Opportunities to Connect
- Intriguing Input



## Quick Links

- [Monday's Motivational Message](#)
- [Butz's Blog](#)
- [Linkedin](#)
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- [Popular Keynote Messages!](#)
- [Tracy's Services](#)
- [Live Video-clip of Tracy](#)
- [Inspirational Gifts](#)
- [Conscious Choices Book](#)

## Welcome!



Welcome to Inspired Impressions! It's an informational monthly Ezine, with each issue designed for you, including:

- Personal insights and inspiration
- Relevant and timely information about one key concept
- Upcoming opportunities to connect
- Interesting business news to share

## Insights & Inspiration

### The Secret to Making Decisions You'll Never Regret

Have you ever thought about why someone chooses this direction over that direction or this path instead of that path? I am totally fascinated as to why people make the decisions they do. What steps did they take in their head or was it a quick gut-reaction without much thought? Also, after a decision is made, why do some people appear completely confident in their choice and others continue to waffle back and forth saying, "I should have done this or I should have done that." Is it even possible to make decisions that we won't regret? The simple answer is "absolutely."



When we are faced with making a decision, the decision itself exists in the present and concerns the future. You will never know in advance whether a decision is the right one, simply

because you can't see into the future.

However, let me ask you another question. If it happens, at what point do you feel regret over a decision you made?

[click here to read more](#)

## Key Concept



### Expectations Become Reality

When I am asked to present an inspirational keynote for an audience, one common thread I share is that "our choices define who we are and who we become." Most of us make choices after thinking about the situation a bit, potentially considering the pros and cons of each option, before arriving at our final decision. It is the thoughts in our minds that really hold the power and influence on who we are and ultimately, who we become. Because everything you think about impacts the person you become.

For example, I am currently in the "fun" stage of growing my hair out in order to change my style. I am wearing my hair much straighter than I have in the past, without as much "poofiness." It has been and still is a difficult transition. I used to equate straight hair for me, as hair that wasn't styled and didn't take pampering to have it look good. Wow, was I mistaken! Today my hair looks like I recently crawled out of bed and left the house without even a glance in the mirror. It couldn't be farther from the truth. Instead, its bend here, straighten there, curl here, swish there, blow under here, flip up there, tease here, flatten there. Need I go on? Anyway, my point is that I have fallen into a routine where I finish styling my hair in the morning and I say either aloud or to myself, "My hair looks like crap today." It doesn't take long before I truly believe this and others think that way too based on how I act or talk about it. Although, I do have to say that I did start repeating this destructive self-talk shortly after returning from the salon and hearing one of my teenagers say, "What happened to you? Your hair looks like a football helmet!"

How do you expect you will look and feel after getting ready for the day? Because *how you expect things to be greatly influences how they become*. Your thoughts have a funny way of coming true. What do you think about your job, your spouse, your supervisor, your vehicle, your debt, the food you eat, etc. If you think you can, you will. If you think you can't, you won't. Because what you think about, becomes your reality. [click here to read more](#)

## News to Share



I recently partnered with the **American Society of Administrative Professionals** as a **Contributor** for their Professional Development Programs. I am now a featured on-demand webinar presenter for a program entitled, "Candid Conversations that Drive Results." If you want to participate in this webinar, simply...[Click on This Link!](#)

## Opportunities to Connect

If you want to connect when I'm in your area, just let me know!  
Below is a list of confirmed upcoming engagements.

**June 24, 2011 - WADVS State Conference**

"Conscious Choices: Powerful Strategies to Grab Control & Transform Your Life"  
Stevens Point, WI

**August 9, 2011 - American Society for Training & Development (ASTD)**

"Candid Conversations that Drive Results"  
Appleton, WI

**August 23, 2011 - Skogen's Festival Foods**

Breakout Session  
Deperre, WI



**Intriguing Input ~ an opinion poll for our readers**



We would love to get your opinion, thoughts, feelings, ideas and input about one simple question each month! You can simply check one box to input your opinion, feeling, or reaction, while also having the ability to see the views of other people.  
*(All responses are 100% anonymous)*

We truly value what you think and want to read your intriguing input!

**Question: "What are the attitudes, most of the time, of those individuals you hang around with?"**

- Extraordinarily positive
- Usually upbeat & optimistic
- Content some of the time
- Their glass is considered pretty much half empty (fairly pessimistic)
- Desperately dismal

[Click Here to Share Your Opinion!](#)

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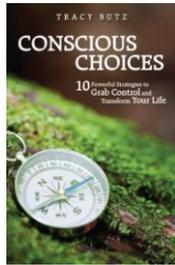
Below are the responses from last month's opinion poll to this question:

***"What is your level of passion most of the time towards your job?"***

- 9% - Wildly passionate
- 55% - Excited
- 18% - Neutral
- 18% - Not very enthused
- 0% - There should be another choice lower than this

**Inspirational Products ~ Perfect gifts or tokens of appreciation!**

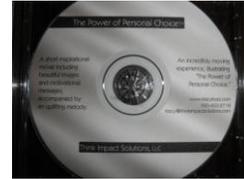
These inspirational products make perfect gifts or represent a special way to express appreciation to an individual or team. Say 'thank you' or recognize someone today! [Click here to purchase now!](#)



New book!



Paperweight



Motivational Movie (3 min)

### Inspirational Framed Prints

(5 x 7 black frames)



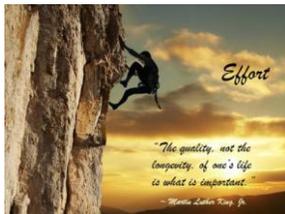
Results



Impact



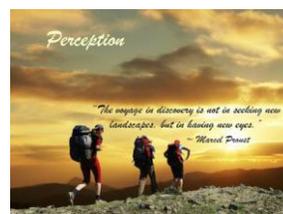
Hope



Effort



Empowerment



Perception

Helping you to create the life you want to live!

*Transform your life, one choice at a time. Develop your team, one person at a time.*

*Evolve your organization, one solution at a time.*

**Tracy Butz**

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