

Inspired Impressions! Ezine

November 2014

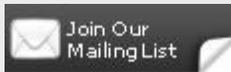
Volume 44

Speaker · Author · Consultant

As an inspirational speaker, captivating author and successful consultant, Tracy Butz engages individuals and organizations with actionable tools, empowering them to live more productive, passionate and purposeful lives.

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Welcome!

Welcome to Inspired Impressions!

It's an informational monthly Ezine, with each issue designed for you, including:

- Personal insights and inspiration
- A relevant key concept
- Interesting business news to share
- Upcoming opportunities to connect
- Inspirational and fun products



Quick Links

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Insights & Inspiration



"Kiss Someone Today"

I was in line at a local Festival Foods grocery store and an elderly gentleman and I began talking as I was checking out and he was in line behind me. He was in a wheelchair that had a cart attached to the front of it. I asked him if I could help by placing his groceries on the conveyer belt. He politely said, "No thank you. I need to do things like this for myself or before you know it, I won't be able to." We exchanged a few more words and then he said he had something for me. He reached out his hand and placed a Hershey's kiss in my hand. I was pleasantly surprised and have replayed that moment in my mind numerous times.

Small gestures of kindness like this can be easy to do, yet, so incredibly meaningful. Even though that encounter with that man was 3-1/2 weeks ago, it still brings a smile to my face when I think about it. In fact, I still have that Hershey's kiss on my desk. It is a daily reminder of how we can each make a difference in the lives of others through small acts of kindness.

Choose to make a positive difference in someone's life today. You have no idea how much that individual just may need and truly appreciate it.



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"Inspiring Creativity & Innovation"



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An AMAZING Prediction!



"How Predictable Are You?"

I don't understand how this prediction works, but watch this video, play along, and see if his prediction is correct for you. I bet it will be. Have fun! [Click here to begin!](#)

Key Concept



"Why Adaptability is Important"

Adaptability means responding effectively to changing events in an organizational environment. How flexible are you when conditions, colleagues or circumstances suddenly change?

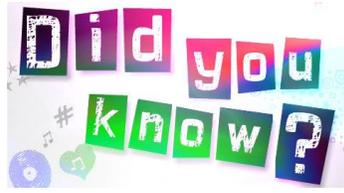
Leaders and individual contributors all over the world are facing change like new cultures, new jobs, new markets, etc. Dramatic change creates a feeling of uncertainty, self-consciousness, even fear. Even a minor change can have a powerful effect.

Given the current complexities of work, the sheer volume of information flowing in, and the rapid changes taking place, it makes sense that leaders must be adaptive. People are doing their best to adjust and deal with change every day. Adaptability is no longer something that is o.k., it is imperative. Without the ability to adapt to change, a supervisor previously seen as successful and full of potential is likely to be derailed, demoted or even fired if he/she is unable to effectively adapt.

Adaptable individuals accept change. They find ways to manage behaviors that help them thrive in times of transition. People working with adaptable leaders have role models and guides to help them through change in a productive, genuine way. And when leaders develop and demonstrate adaptability, it will have a positive impact on those employees the supervisor leads. Just as when you travel in an airplane you are instructed to put on your own emergency oxygen mask before helping others, teaching yourself to be more adaptable will benefit others. Increased flexibility will allow you to be more effective in your efforts to make decisions and manage change. Your behavior will help set the tone in your team and organization. Choose to be more adaptable today.

What are some obstacles you have faced to being adaptable? If you resist a change, how does that affect your team? Do you struggle with it? If you don't know, here is an assessment to help measure how to adapt to change. [Click here to view the self-assessment on change.](#)

Did You Know?



"Our Most Important Right"

Years ago when I worked as a Director of Learning & Development for a mid-sized mutual insurance company, I led a two-day on-boarding training program for new associates called QuickStart. In an effort to keep it fun and interactive, we engaged in various activities and games, one called the "US Citizenship Trivia Contest." The participants were divided into two groups, where they would collaborate as a team, trying to come up with as many of the correct answers to the 12 questions as possible, with the winning team earning a prize.

Below are the 12 questions that participants were asked. They are 12 of the actual 100 questions that appear on the US Citizenship test for those who want to become US citizens. Of the 10, there is one question that most groups I asked didn't get right which is, "What is the most important right US citizens are granted?" Do you know the correct answer? Here is a hint...tomorrow, Tuesday, November 4, you have the distinct opportunity to exercise that right. Don't let your most important right be silenced. Each one of us has exactly the same opportunity and degree of influence with this one right. Stand proud, head to the polls, and exercise the right our Forefathers fought so bravely for and men and women in the armed services continue to protect today.

Here are the other 11 US Citizenship questions that you may be interested in testing your knowledge of. The answers are listed at the end of this ezine. Have fun and good luck!

1. How many stripes are on the flag?
2. What is the date of Independence Day?
3. What country did we get independence from?
4. How many changes or amendments are there in the constitution?
5. What are the three branches of our government?
6. For how long do we elect each senator?
7. How many Supreme Court Justices are there?
8. What is the head executive of a city government called?
9. What is the name of the ship that brought the pilgrims to America?
10. Who has the power to declare war?
11. What are the first 10 Amendments to the Constitution called?

Opportunities to Connect

Please get in touch with me if you want to connect when I'm in your area or if you're interested in a similar program for your organization.



November 3

Influencing & Engaging Others

Virtual

NAMIC's T.E.A.M. Webinar Series

November 4

Inspiring a Culture of Innovation - Keynote

Make Your Minutes Matter! Stress Less & Achieve More - Workshop

Wausau, WI

Private Client

November 5

Embracing the Challenge of Change

Milwaukee, WI

Wisconsin Volunteer Coordinators Association (WVCA)

November 6

Conscious Choices: Grab Control & Transform Your Life

Embracing the Challenge of Change

Proactive Personal Development

Emotional Intelligence: Managing Emotions in the Workplace

Oshkosh, WI

Private Client

November 11

Embracing the Challenge of Change

Denmark, WI

Private Client

November 12

Conquer the Chaos! Stress Less & Achieve More

Madison, WI

Wisconsin Volunteer Coordinators Association (WVCA)

November 18

Building High Performance Teams

Oshkosh, WI

Leadership Investment Day - Private Client

November 19

Conquer the Chaos! Stress Less & Achieve More

La Crosse, WI

Wisconsin Volunteer Coordinators Association (WVCA)

November 20

Inspiring Creativity & Innovation

Eau Claire, WI

Wisconsin Volunteer Coordinators Association (WVCA)

Inspirational Products ~ Perfect gifts or tokens of appreciation!

Empower others to be more productive, passionate and purposeful in 2014!
Use these actionable tools to further develop employees and also retain your valuable customers.

**Choose from one of the following three books:
Conscious Choices, Tame the Turbulence or The Perfect Pair of Jeans!**



[For a description of each book, click here.](#)

10 beautiful designs to choose from, each with an inspirational quote to provide daily inspiration!
Each print is framed in a 5" x 7" decorative black frame.



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Applicable tax and shipping/handling fees are additional.

Answers to Did You Know Trivia Questions Above

1. 13
2. July 4, 1776
3. England
4. 27
5. Legislative, Judicial, Executive
6. 6 years
7. 9
8. Mayor
9. Mayflower
10. Congress
11. Bill of Rights

Helping individuals, teams, and organizations live more productive, passionate and purposeful lives!

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